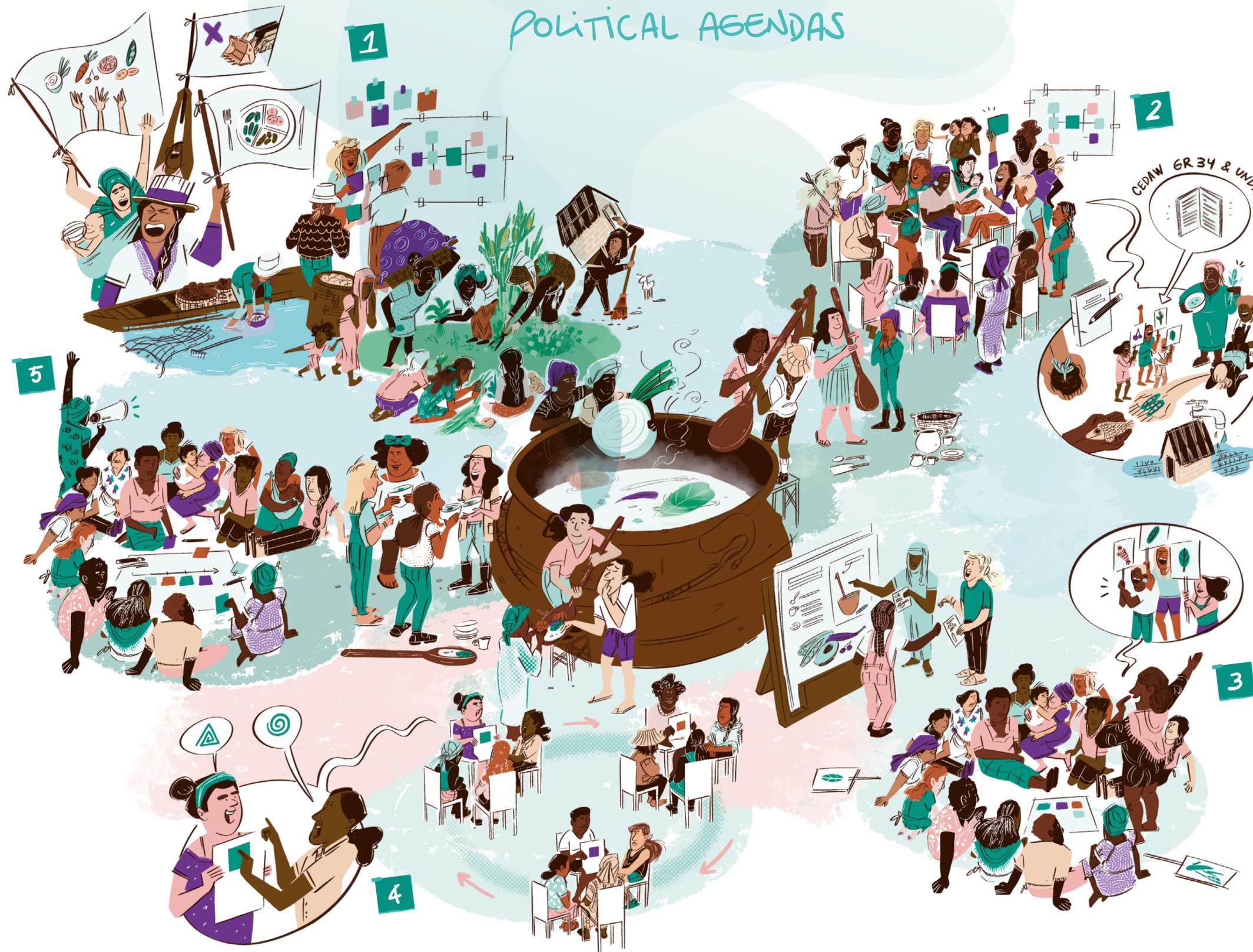


COOKING UP POLITICAL AGENDAS



A FEMINIST GUIDE ON THE RIGHT TO FOOD AND NUTRITION FOR WOMEN IN RURAL AREAS

#COOKUPPOLITICS

THE COMMON COOKING POT

Rather than reinforcing gender roles that confine women to duties of social and reproductive labor (bearing the sole responsibility of 'cooking', 'caring' and 'feeding'), this Guide evokes the emancipatory potential of collective organizing and knowledge construction between women. The 'common cooking pot' enhances collective building and transmission of different ways of knowing between women. It recalls women's political subjectivities and their struggles against oppression. We hope this Guide will provide a grounded space for women in rural areas to 'cook up' political transformative agendas on the human right to adequate food and nutrition.

WHY A FEMINIST PRACTICAL GUIDE ON THE RIGHT TO FOOD AND NUTRITION?

International legal instruments cannot replace the diversity of ongoing struggles that seek to advance the food sovereignty project and attain a well-regulated right to food and nutrition. However, the human rights standards underpinned by CEDAW GR34 and UNDRP provide a timely opportunity. They can help us expand the normative framework of the right to food and nutrition and guide States on the implementation of recognized rights.

HOW TO USE THE GUIDE?

The authors have divided the Guide into five main sections. Even though sections are cross-referenced, there is no need to complete all five sections in order to use the Guide. The methodologies in the Guide were tested with a group of about twenty women. However, there is no constraint on group size. Each section contains a combination of didactic exercises, definitions, as well as excerpts from CEDAW GR34 and other relevant international human rights instruments.

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